BOUCHAINE

Prosciutto Wrapped Halibut

Directions

Preheat oven to 400°F. Sprinkle fish fillets with pepper. Sprinkle 1 teaspoon thyme atop each fish fillet. Place 2 slices prosciutto on work surface, overlapping slightly. Place 1 fish fillet crosswise in center of prosciutto; fold prosciutto over fish fillet like a belt. Repeat with remaining prosciutto and fish fillet.

Heat oil in medium oven-proof skillet over medium-high heat. Add prosciutto-wrapped fish, seam side down. Cook until prosciutto is brown on all sides, about 1 minute per side. Transfer skillet to oven and roast fish until cooked through, about 5–6 minutes. Transfer to plates.

Add shallot to same skillet; sauté over medium-high heat until beginning to brown, about 1 minute. Add wine and remaining 1 teaspoon thyme. Simmer until sauce is slightly reduced, about 1 minute. Whisk in butter. Drizzle sauce over fish and serve with our Hyde Vineyard Chardonnay!

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(Serves 2) Ingredients

2 5-ounce halibut fillets3 tsp. chopped fresh thyme, divided4 thin slices prosciutto2 tsp. olive oil2 tbsp. chopped shallot

1/4 cup dry white wine

1 tbsp. butter